Strings Attached

By Patti Carey of Patti's Patchwork
 for *Quilt Block Mania January 2026*

Finished Size: 12" square (12½" edge-to-edge)
Skill level: Confident Beginner/Intermediate
Fabrics used: Toscana suede-look texture by Northcott

Instructions are for quick-fuse appliques. If you prefer to do needle-turn, please add ¼" seam allowance to Templates 1 and 2

| Fabric	Cutting Instructions
A –mittens (#9020-231 Valentino)	◊ Cut 1 piece using Template 1 (**A**) and 1 piece using Template 1 face down (**A-r**)
B – mitten cuffs (#9020-111 champagne)	◊ Cut 2 pieces using Template 2 (**B**)
C –background (#9020-43 blue moon)	◊ Cut (1) 12½" x 12½" square (C)
¼yd Wonder-Under paper-backed fusible web	
20-24" of ¼" wide black ribbon or yarn for mitten string	

General Piecing: All seams are ¼" unless noted.

1. Trace 2 pieces each of Template 1 and 2 onto the paper side of the Wonder-Under (trace one Template 1 piece FACE DOWN). If desired, trim ¼" inside the traced line to maintain softness of appliques.

2. Following manufacturer's directions, fuse the traced Wonder-Under onto the back of each designated fabric. Cut out shapes along traced line and remove paper backing.

3. Using block image as a guide, position the A, A-r and B pieces on Fabric C square pinning in place (do not fuse in place yet).

4. Using block image as a guide, pin the black ribbon/yarn in place, tucking ends under B. Stitch or couch it in place.

5. Fuse appliques in place following manufacturer's directions. Secure edges of appliques using your preferred method (zigzag, buttonhole stitch, etc.).

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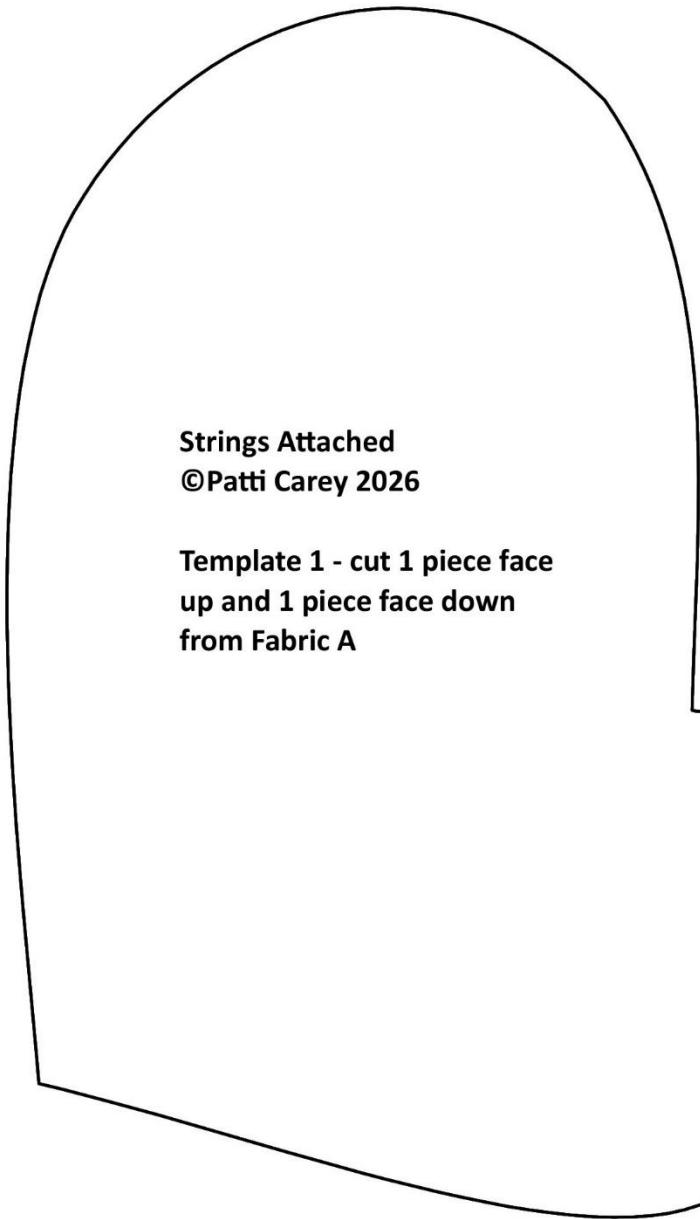
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Template 1 - cut 1 piece face up and 1 piece face down from Fabric A

1" square
for calibration

1"

1"
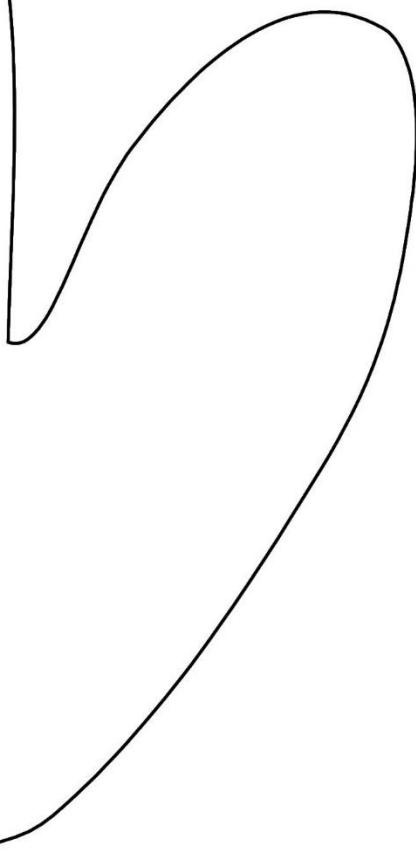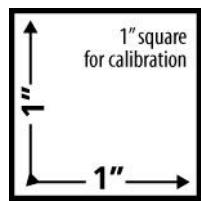
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Template 2 - cut 2 pieces from Fabric B